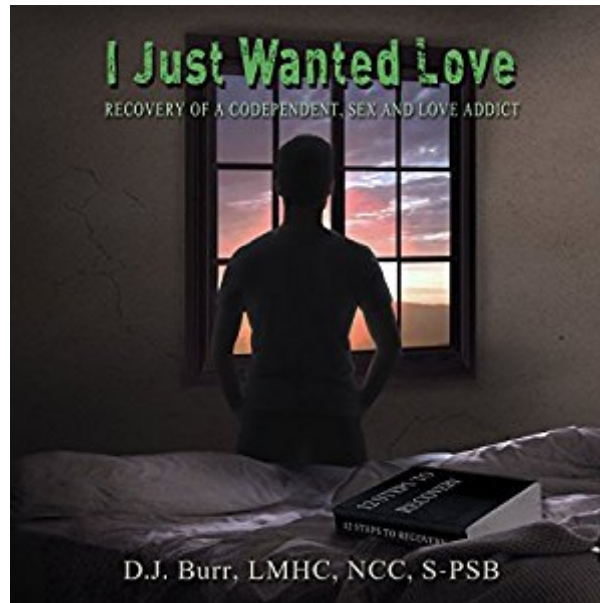


The book was found

I Just Wanted Love: Recovery Of A Codependent, Sex And Love Addict



Synopsis

D.J. Burr is a man on a mission; successful business owner, highly respected psychotherapist, and survivor of a dysfunctional life. At a young age, all he wanted was to be loved, but instead found himself targeted by a sexual predator. D.J. slipped into a life of addiction and clawed his way through broken relationships and seedy sex clubs - looking for love in all the wrong places. D.J. will take listeners on a roller coaster of emotions as he details his search for grace and love.

Book Information

Audible Audio Edition

Listening Length: 4 hours and 24 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: A.B.L.E. Counseling Services, LLC

Audible.com Release Date: July 2, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B010TKZVOA

Best Sellers Rank: #255 in Books > Health, Fitness & Dieting > Addiction & Recovery > Sexual
#580 in Books > Health, Fitness & Dieting > Mental Health > Codependency #1194 in Books >
Biographies & Memoirs > Specific Groups > LGBT

Customer Reviews

What a brave book. I am always inspired by authors who open up their lives and experiences so that others can learn. As a therapist myself, I recommend this book to my clients so that they can better understand sex addiction and that there is hope. This was an amazing read that I highly recommend.

This book was received in exchange for an honest review through christinaescamilla.com. A longer version of the review can be found there! There's something to be said for being completely honest in memoirs. The language itself is very simple, and originally that was somewhat detracting, however once you are in the ides of the book that actually works in its favor. It feels as though the other is verbally sharing his harrowing tale. There are no bells and whistles here, just hard truth. The novel is addicting in a way that you feel like you understand Burr on a deeply personal level and again, it's very easy to appreciate the sheer truthfulness of the words.

A Hearts Journey of Recovery, . . . What an excellent read. Being brave to share ones story in a way that those in recovery or not can understand, learn, and have compassion is exactly what this Author was able to accomplish with his book. Being in recovery over 8 1/2 years myself, I know the struggles we go through to recover. And also being a recovery writer and author myself, I know how difficult it is to write what many of us go through with any addiction, let alone a sex addiction and more. And a man sharing his story is not your usual find. Reading D.J.'s story has touched me deeply. I to could relate to family and friends who turn away, and even though our addictions are different, I to spent years just looking to be loved unconditionally, and had many bad relationships, forced ones, ones with men who mistreated me, just because I wanted SOMEONE, ANYONE in my life. But then having that intense need for sex, and thinking it will fill those empty holes in our lives must have been hard to go through. Let alone the health risks as well. Many 12 Step Recovery programs tell us we can recover without having to know the WHY'S of us turning to addiction in the first place. Well, this book proves that many of us do find the underlying issues, and past childhood trauma and being raised like I was in a dysfunctional life can effect many of us. Just an exceptional read! I'm patiently waiting for BOOK #2. . . . Blessed to have been "gifted" this fine book.

Intense, intriguing, and inspirational â “ this is how I would describe â œl Just Wanted Love.â • I really did not know what to expect when I started reading this book. This is not your typical self-help or 12-step book. What surprised me the most is how honest and raw it is â “ you witness the wounds and then watch the healing take place. The journey isnâ™t pretty either. Even though this book it is a very easy read, I had to read and digest it in small doses. Thereâ™s a lot pack into 233 pages. D.J. goes below the surface and exposes the depth of his soul. All you want to do is reach out and hug him. By the end, you cannot do anything but admire his strength and courage. Besides his honesty, I like how D.J. offers healing and hope to his readers. You do not have to be a love or sex addict to pick up this book. We all can empathize and sympathize with feelings of hopelessness, despair, and the will to survive. Everyone just wants to be loved. There is something for everyone in this book.

I hate reading but every once in a while a book gets my attention. I believe I read the first 9 chapters in a day. Then I moved out of state and have been very busy, but i just finished it up in 2 nights. There are so many ways that I can relate. I went back to Alanon because of this book and I am looking for a CODA meeting in my area. Thanks DJ for sharing and for giving others

inspiration...Hugs

An excellent book for what it is, that is, autobiographical history of a gay, badly raised, Black man, who has surmounted his difficult past and become a real asset to humanity in his part of the world. If you are not familiar with AA and similar programs, if you are gay, or a friend is and you want to understand it more, or if you are from a dysfunctional family, and are looking for a path out of the mess, you will learn something, and, not at all be bored along the way.

This book was very well written and a page turner. I seriously could not put it down. Mr. Burr is an inspiration to those addicted to not just Sex and Love, but an addict of any sort. To know that you can hit rock bottom and still make your way out and survive is a marvel to us all. The book is not for the shy, it is graphic at times, but it is necessary to understand just what he went through.

Mr burr described his journey to renewal after challenges of dependency -it's also tells a story how youth face such challenges and the resulting impacts to growing up. Mr burr gives not only testimonials but critical recommendations that folks can use- I highly recommend reading the book

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and explore job roles ... career (Business Analyst Career Guide)

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